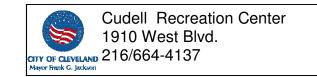
Aquatics Schedule

(Feb —April)

4:30-7:30 pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-1:15 pm School Group 8-14	12:00-3:00pm Open Swim 18+	12:00-3:00 pm Open Swim 18+	12:00-3:00 pm Open Swim 18+	12:00-1:15 Lap Swim 18+	10:00-11:45 Lap Swim 18+
1:30-3:00pm Open Swim 18+	4:00-6:00 pm Open Swim 8+	4:00-5:00 pm Open Swim 8+	4:00-5:00 pm Open Swim 8+	1:30-3:00 pm Open Swim 18+	12:00-1:45 Open Swim All Ages
4:00-5:00 pm Open Swim 8+	6:15-7:30 pm Family Swim 18+	5:00-5:30 pm Adult Learn To Swim 18+	5:15-6:00 pm Learn To Swim Level III & IV 8-17	4:00-5:00 pm Open Swim 8+	2:45-4:15 Open Swim 18+
5:30-6:30 pm Water Fitness 18+	Lifeguard Training (Feb —April) 15+ 4:30-7:30 pm	5:30-6:30 pm Water Fitness 18+	6:15-7:30 pm Adult Open Swim 18+	5:15-6:00 pm Parent & Tot Learn to Swim 18+	4:30-5:30 Family Swim 18+
6:30-7:30 pm Aqua Mix		6:30-7:30 pm Aqua Mix	Lifeguard Training	6:15-7:30 pm Family Swim	





10:00-5:30 pm

12:00-7:30 pm

10:00-5:30pm

6:00-7:30 pm

6:00-7:30 pm

12:00-7:30 pm



Weight Room Monday-Friday 18+ Weight Room 18+ Saturday Game Room Monday—Friday 8+ Game Room 8+ Saturday Judo Class Monday & Wednesday 8-17 Judo Class Tuesday & Thursday 18+ Fitness Room Monday-Friday 18+ Fitness Room Saturday 18+



Gymnasium Schedule

All children 7 years old and under 4 feet tall must be accompanied and supervised in the water by an adult.

18+

Boxing

18+

Monday-Friday 6:00 pm -7:30 pm





18+

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:30-3:00 pm School Group 8-12	12:00-3:00 pm Safety Forces Basketball League	11:30-3:00 pm School Group 8-12	12:00-3:00 pm Men's Open Gym 18+	11:30-3:00 pm School Group 8-12	10:00-11:45am Family Gym 18+
3:00-4:30 pm Open Gym 8-17	3:00-4:30 pm Open Gym 8-17	3:00-4:30 pm Open Gym 8-17	3:00-4:30 pm Open Gym 8-17	3:00-4:30 pm Open Gym 8-17	12:00-1:00pm Peewee Basketball 4-7
5:00-7:30pm Junior In House Basketball 12-15	5:00-7:30pm Youth In House Basketball Games 8-11	5:00-7:30pm Junior In House Basketball 12-15	5:00-7:30pm Youth In House Basketball Games 8-11	4:30-6:15pm Youth Girls Basketball	1:15-3:30pm Open Gym 8+
				6:30-7:30pm Basketball Skills & Drills	3:45-5:30pm In House Basketball Practice

Subject is scheduled to change without prior notice.